



A GENERAL INTERVIEW GUIDE FOR GUIDANCE COUNSELLORS, CHAPLAINS, OTHER DESIGNATED STAFF

This can be used to help explore a student’s reaction to a critical incident and how it is impacting on them. It can help the student to express their thoughts, feelings and emotions in a safe environment with a caring adult.

STUDENT’S NAME DATE OF BIRTH AGE SEX M/F

We are concerned about how things are going for you. Our talk today will help us to discuss what’s going well and what’s not going so well. If you want me to keep what we talk about between me and you, I will do that – except for those things that I need to discuss with others in order to help you. For example, if you or someone else is at risk in any way, I could not keep that confidential. My job is to help and I will need to do something about it.

In answering, please provide as much detail as you can. At times, I will ask you to tell me a bit more about your thoughts and feelings.

- Where were you when the event occurred?
- What did you see or what did you hear about what happened?
- How are you feeling now?
- How will your life be different now?
- What could you/they have done?
- Has anything like this happened to you or any of your family before?
- Do you think anyone could have done something to prevent it? Yes No Who?
- How well do you know those who were hurt or killed?
- What bothers you the most about what happened?
- How do you think this will affect your family in the days to come?
- Thinking back on what happened;

	Not at all	A little	More than a little	Very much
How angry do you feel about it?	1	2	3	4
How sad do you feel about it?	1	2	3	4
How guilty do you feel about it?	1	2	3	4
How scared do you feel?	1	2	3	4

- What changes have there been in your life or routine because of what happened?
- What do you usually do when you need help with a personal problem?
- Which friends and who at home can you talk to about this?
- Do you use social media to keep in touch with friends?

- What are you going to do when you leave school today? If you are uncertain, let's talk about what you should do.