

Employee Assistance Service

Our Employee Assistance Service (EAS) is a confidential counselling service that provides wellbeing support to teachers, SNAs and also clerical officers/caretakers employed under the 1978/79 Scheme.



24/7



Our EAS is available 24/7, 365 days a year providing:

- Counselling
- Online Cognitive Behavioural Therapy

Sign Posting For:

- Legal Information
- Financial Information
- Consumer Information
- Life Coaching
- Mediation
- Health Information
- Cancer Support
- Autism Support
- Infertility and Pregnancy Loss
- Elder Care Support
- Parent Support

On the initial contact, our case manager will complete a quick assessment when appropriate, our referral to short term counselling will be made.

Register for your wellbeing app: <https://wellbeingtogether.spectrum.life/login>

Organisation code: yIVIIU17

